

Emory University | Athletics and Recreation

EMORY
SPORTS FITNESS CAMP TM

Sports Fitness Camp Policies
2024

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About Sports Fitness Camp

The Emory University Sports Fitness Camp is the original all-sports camp in Atlanta and enjoys a long-standing reputation for providing a safe, fun, and incredibly rewarding experience for campers ages 5-12. Our experienced and highly trained camp staff will supervise the children from drop-off until pick-up. Our camp can accommodate children of all skill levels and campers will rotate through instructional activities throughout the day.

Camp Organization

Our Staff

Full-time staff members within the Department of Athletics and Recreation oversee all administrative and operational aspects of Sports Fitness Camp programming and is responsible for the direct oversight of the counselors and activity coordinators.

Our team of counselors and coaches consist of teachers and undergraduate and graduate students pursuing degrees in child-related or activity-related fields of study. All activities are run by activity coordinators who are highly experienced and well-trained teachers in local schools. Our aquatics staff is comprised of certified lifeguards and instructors and certified athletic trainers support our camp medical needs. All staff holds an American Heart Association BLS Certification for adult and children CPR and AED, with many administrative staff holding additional advanced certifications. Staff also completes child safety, behavioral, and child abuse reporting training.

What to Expect

Campers are grouped by age and will rotate through a variety of activities during the day such as

- Team Sports
- Rock Climbing
- Gymnastics
- Group Fitness Classes
- Track & Field
- Team Building
- Hiking
- Aquatics
- Obstacle Courses
- Scavenger Hunts

An example schedule can be found under the A Typical Day section at <https://recwell.emory.edu/programs/sports-fitness-camp.html>

Registration

What is required to register?

- Registration Form
- Payment
- Participation Waiver
- Medical Form
- Medical Waiver

How to Register Your Camper

Camper registration and payment is completed at <https://emorysfc.campbrainregistration.com/>.

Registration Fees

- \$325 per week (8:30 – 9:10 AM to 4:00 – 4:45 PM)

* Please note we will be hosting a 4 day camp during Week Three of SFC (June 17th – June 21st) in observance of Juneteenth. Adjusted registration fees can be found below.

- \$260 Week 3 (8:30 – 9:10 AM to 4:00 – 4:45 PM)

Discounts

- Additional campers receive \$20 off their registration
- Emory staff receives a 10% discount

Discounts can be applied at the time of check out following registration. Campers must be registered at the same time to receive the additional camper discount.

Buddy Requests

Requests for campers to be placed in a group with another camper can be submitted during registration and Sports Fitness Camp administrators will do our best to accommodate. Please note, campers are grouped by age and buddy requests are not guaranteed.

Cancellations

Requests for cancellation must be made in writing at sportsfitness@emory.edu within two weeks of the start of your campers' session for a full refund minus a \$25 administrative fee.

Payment Policies

Camp payments are due in full three weeks before the start of the camp season with a 30% deposit due at time of registration. If payments are not made by the deadline, campers' spots will be removed and campers will be moved from the waitlist. Payments must be made via credit card at <https://emorysfc.campbrainregistration.com/>. Two payment and Three payment installment plans are available at registration.

Age Policies

A camper must be five years old prior to the start of the camp season in order to register for Sports Fitness Camp. A camper should not turn 13 prior to the start of the camp season to participate in Sports Fitness Camp. We recommend campers have participated in structured activities (classroom setting, sports teams, previous camps) for success at Sports Fitness Camp activities.

What to Bring to Camp

It is recommended that guardians label their children's belongings with their first and last names. In the event an article goes missing or is in the possession of another, it may be much more easily found with name identification. Campers will be provided with a Sports Fitness Camp t-shirt, bag, water bottle, and other SFC goodies upon their first check in.

Clothing & Shoes

Campers should come to Sports Fitness Camp dressed for a full day of activity. We recommend outdoor activity clothes and athletic shoes. Your child will not be permitted to participate in activities if they come wearing sport-sandals or open-toed shoes. Please survey what your child brings to camp in the morning to avoid lost items.

Swimming Gear

Full Day campers have scheduled pool time twice a week in the afternoon. Please make sure your camper(s) pack a swimsuit and towel, labeled with their name, on Tuesdays and Thursdays. If needed, personal goggles and floatation devices should also be labeled and sent with your camper. Floatation devices must be [Coast Guard approved](#).

Water Bottle

Water is a vital component when physically active, especially in the Georgia climate. SFC does provide a reusable water bottle upon first day check-in. Please be sure your camper(s) bring a water bottle/squeeze bottle each day, labeled with their name.

Sunblock

Outdoor activities are a major component to the Sports Fitness Camp experience. Make sure your camper(s) has adequate protection from the sun. We recommend applying sunblock (SPF 30 or higher recommended) on your child prior to arrival. Sending additional sunblock with your camper(s) is also highly recommended.

Backpack/Gym Bag

A backpack or gym bag is recommended for your camper's belongings. SFC does provide a bag upon first-day check-in. Please label all of your camper's items with their name.

Lunch & Snacks

Lunch is not provided for campers. Campers should bring their lunches in small coolers, lunch boxes, or lunch bags. Refrigeration and microwaves are not available. Snack breaks are provided mid-morning and mid-afternoon, so it is suggested that additional snacks be packed and sent with campers.

Lunches and any additional snacks should be nutritious. Please refrain from dropping off fast food for a camp participant and please do not send carbonated drinks.

Arriving at Camp

Check-In Procedures

Campers should be escorted inside for check in on their first day of camp in the Woodruff P.E. Center located at 26 Eagle Row the Sports Fitness Camp check in area on the first-floor Atrium of the WPEC near the Arena courts. Campers will be escorted for the duration of camp by Camp Staff. Check in will be from 8:30 AM – 9:10 AM. Following a campers' first day, they can be dropped off with camp staff in the roundabout outside of the Woodruff P.E. Center.

Late Arrivals

All late arrivals (after 9:10 AM) will be handled at Camp Headquarters, located in the first-floor Atrium of the WPEC near the Arena courts. Upon arrival, both guardian and child must check in with the administrative staff. Once signed in, a camp administrator will take the camper(s) to their appropriate group.

Departing Camp

Early Departures

Advanced notice must be given in writing to the staff at drop off for early pick up. Early departures include campers who must leave prior to 4:00 PM.

Everyone who is approved to pick up the camper will be required to sign them out with camp staff and present a government issued ID at the time of pickup. Only the camper's primary contact may make changes to the authorized pick up list. Changes to authorized pick-ups may be submitted to camp staff at Camp Headquarters or via email to sportsfitness@emory.edu.

Pick Up Procedures

Daily pick up is between 4:00 – 4:45 PM. Campers not picked up by 4:45 PM will be charged aftercare fees to their household balance. The Sports Fitness Camp designated pick-up area is located behind 22 Eagle Row, on the west side of the Woodruff P.E. Center. Parking and Transportation Services will direct vehicles for pick up. Guardians should have their SFC tag in the dashboard to pick up campers.

Everyone who is approved to pick up the camper will be required to sign them out with camp staff and present a government issued ID at the time of pickup. Only the camper's primary contact may make changes to the approved pick up list. Changes to authorized pick-ups may be submitted to camp staff at Camp Headquarters or via email to sportsfitness@emory.edu.

Before Care

Before care is available for campers at a rate of \$50 for the week (\$40 during week three of camp). Before care can be added to your session at any time on the SFC registration site. Before-care hours are 7:45 AM – 8:30 AM.

After Care

After care is available for campers at a rate of \$50 for the week (\$40 during week three of camp). After care can be added to your session at any time on the SFC registration site. After care hours are 4:45 PM – 5:30 PM.

Medication Policies

If medication of any type (over-the-counter or prescription) is required, it must be administered by an athletic trainer at Camp Headquarters.

A Medical Form must be completed by the guardian at registration. Any updates to the Medical Form should be made with Camp Headquarters at camper check-in. All medication must be in its original container.

Please note, Sports Fitness Camp Staff is not permitted to administer any medication other than what is indicated on the camper's Medical Form.

Accident/Illness Policies

In the event of an emergency or accident involving your child, the primary contact will be notified following notification of the appropriate emergency personnel, as necessary. All members of the camp staff are certified in Adult & Child CPR, AED, and First Aid and have also been trained in emergency procedures at all locations.

Should a camper become ill while at camp, the primary contact will be notified. Please do not bring your camper if they are experiencing illness including symptoms of COVID-19.

Discipline Policies

Sports Fitness Camp understands that there will be times when every camper has a difficult day. First and foremost, Sports Fitness Camp desires to resolve any issues and conflicts between and among campers and keeps campers involved in all activities.

On occasion, it may be necessary to give a camper a chance to re-group away from the activity area and other campers. Should a camper still have difficulty in a situation, a primary contact will be notified via phone calling outlining information relayed through an incident report.

Should the conflicting behavior persist, escalate, or show a level of severity, a primary contact will be contacted immediately, and the incident(s) may result in suspension or expulsion from the program.

Some serious behavior infractions that may result in immediate suspension or permanent expulsion from the program are but not limited to:

1. Any behavior that endangers the health and safety of children, staff, or members
2. Leaving the camp program without permission/refusing to remain with assigned group
3. Inappropriate touching of other campers or sexual misconduct
4. Theft, defacing or destruction of property belonging
5. Verbal abuse or threats, bullying and name-calling
6. Any kind of physical assault including but not limited to hitting, kicking, or biting
7. No gang-related activity permitted
8. Possession of weapons, tobacco, alcohol, or illegal drugs

Bullying Policies

Sports Fitness Camp does not tolerate bullying or disrespectful behavior. Counselors are trained to keep a watch out for bullying behavior and instruct campers to report bullying to counselors. Any bullying or disrespectful behavior will be addressed by camp administrative staff.

Additional Policies

Search

If necessary, the Sports Fitness Camp staff reserves the right to search a camper's belongings, with another staff member present, for the safety of the child and all other participants. Notification will be given prior to or after the search, depending on the severity of the situation.

Valuables

We request that campers leave all items of sentimental or monetary value at home (i.e., collector cards, handheld video games, sports equipment, money, etc.). Inappropriate items brought to Sports Fitness Camp will be confiscated, held at Camp Headquarters until pick up and requested not to be brought back. Athletics and Recreation cannot be responsible for lost or stolen items.

Mandatory Child Abuse Reporting

Emory University is committed to maintaining a supportive and safe educational environment and to enhancing the well-being of all members of its community, and places importance on creating a secure environment for children. To that end, Emory has adopted a Child Abuse Reporting policy, [Policy 4.119](#), that sets forth the requirement and processes for reporting suspected child abuse. The Child Abuse Reporting Policy applies to Emory faculty and staff, including student employees, Emory volunteers, students, and third parties whose capacity of employment or duties involve interaction with children. Policy 4.119 is available for review at <http://www.policies.emory.edu/4.119>.

Unless there is an exception under Georgia law, Emory University requires all Emory University faculty, staff, volunteers, students and Third Parties to report suspected Child Abuse of which they are made aware in their capacity of employment or duties. Policy 4.119 makes clear that the safety and welfare of a child is paramount, any uncertainty about whether reporting is required should always be resolved in favor of making a report, and that failure to make a report of suspected child abuse may be a criminal offense under Georgia law (O.C.G.A. § 19-7-5).

Emergency Protocol

In the event of an emergency (i.e. fire, evacuation, active shooter, severe weather, etc.) Sports Fitness Camp will adhere to the Emergency Action Plan put in place by the Department of Athletics and Recreation and Emory's Office of Critical Event Preparedness and Response.

The primary contact person will be contacted via phone call in the event of an emergency.

Contact Information

Camp administrators are highly involved in the day to day camp operations so email may be the quickest way to reach staff at sportsfitness@emory.edu.

In the event of an emergency, you may contact a camp administrator on their cell phone:

Juliana Frigerio, Assistant Director of Intramural and Club Sports (770) 570-0223

Alyssa O'Keefe, Associate Director of Recreation and Wellness (813) 293-2377